WHAT IS CLAIMED IS:

- 1. Cosmetic and dermatological cleansing preparations containing
- (a) an effective amount of one or more anionic surfactants, particularly disodium acyl glutamate,
- (b) if desired, further anionic, nonionic, amphoteric, and/or zwitterionic surfactants,
- (c) an effective amount of one or more gel-forming acrylate thickeners, selected from the group of cross-linked, alkali-swellable acrylate copolymers,
- (d) if desired, up to 20% by weight of a mixture of ethoxylated mono-, di-, and triglycerides of saturated and/or unsaturated, linear and/or branched carboxylic acids having from 8 to 22 carbon atoms,
- (e) if desired, one or more suspended particles selected from the following group:
 - (i) solid particles,
 - (ii) gas bubbles
 - (iii) liquid droplets,
- (f) if desired, other conventional auxiliaries and/or additives, particularly water.
- 2. Preparations according to claim 1, characterized in that the anionic surfactant(s) (feature (a)) is or are selected from the group disodium acyl glutamate, disodium lauroyl glutamate, disodium cocoyl glutamate, disodium myristoyl glutamate, disodium stearoyl glutamate, and/or disodium tallowyl glutamate.
- 3. Preparations according to claim 1, characterized in that the total amount of one or more disodium acyl glutamates used according to the invention is selected from the range of 0.1 5% by weight, preferably 0.5 4% by weight, particularly preferred 1 3% by weight, in each case relative to the total weight of the preparations.
- 4. Preparations according to claim 1, characterized in that a copolymer is used as acrylate thickener, consisting of a) an acrylate monomer, selected from acrylic acid, methacrylic acid, itaconic acid, fumaric acid, crotonic acid, aconitic acid, or maleic acid, b) an a,b-ethylenically unsaturated monomer of the general formula $CH_2=CXY$ with X=H, CH_3 , -C1-C30 alkyl, $-CH_2-(C=O)O(CH_2-CH_2-O)_x-R^3$, $-CH_2-C(=O)NH(CH_2-CH_2-O)_x-R^3$,

- -CH₂-CH₂=(CH₂-CH₂-O)_x-R³ with x = 1-100 and $R^3 = C1-C30$ alkyl or CI, and Y = -COOR, $-C_6H_4R$, -CN, $-CONH_2$, -CI, $-NC_4H_6O$, $-NH(CH_2)_3COOH$, $-NHCOCH_3$, $-CONHC(CH_3)_3$, $CON(CH_3)_2$, $-CH=CH_2$, C1-C18 alkyl, hydroxy-C1-C18 alkyl, $-C(=O)O(CH_2-CH_2-O)_x-R3$, $-C(=O)NH(CH_2-CH_2-O)_x-R^3$, $-CH_2=(CH_2-CH_2-O)_x-R^3$ with x = 1-100 and $R^3 = C1-C30$ alkyl or the formula $CH_2=CH(OCOR^2)$ with $R^2 = C1-C18$ alkyl or the formula $CH_2=CH_2$ or $CH_2=CH_3$ and c) a polyunsaturated component that is suitable for partial cross-linking.
- 5. Preparations according to claim 1, characterized in that the total amount of one or more acrylate thickeners is selected from the range of 0.1 to 8.0 percent by weight, preferably 0.3 to 6% by weight, particularly preferred 0.5 4% by weight, relative to the total weight of the preparations.
- 6. Preparations according to claim 1, characterized in that the ethoxylated mono-, di-, and triglyceride(s) are selected from the group of ethoxylated glycerin fatty acids, particularly preferred: PEG-10 olive oil glycerides, PEG-11 avocado oil glycerides, PEG-11 cocoa butter glycerides, PEG-13 sunflower oil glycerides, PEG-15 glyceryl isostearate, PEG-9 coconut fatty acid glycerides, PEG-54 hydrogenated castor oil, PEG-7 hydrogenated castor oil, PEG-60 hydrogenated castor oil, jojoba oil ethoxylate (PEG-26 jojoba fatty acids, PEG-26 jojoba alcohol), glycereth-5 cocoate, PEG-9 coconut fatty acid glycerides, PEG-7 glyceryl cocoate, PEG-45 palm kernel oil glycerides, PEG-35 castor oil, olive oil PEG-7 ester, PEG-6 caprylic acid/capric acid triglycerides, PEG-10 olive oil glycerides, PEG-13 sunflower oil glycerides, PEG-7 hydrogenated castor oil, hydrogenated palm kernel oil glyceride-PEG-6 ester, PEG-20 corn oil glycerides, PEG-18 glyceryl oleate/cocoate, PEG-40 hydrogenated castor oil, PEG-40 castor oil, PEG-60 hydrogenated castor oil, PEG-60 corn oil glycerides, PEG-54 hydrogenated castor oil, PEG-45 palm kernel oil glycerides, PEG-35 castor oil, PEG-80 glyceryl cocoate, PEG-60 almond oil glycerides, PEG-60 "evening primrose" glycerides, PEG-200 hydrogenated glyceryl palmate, PEG-90 glyceryl isostearate.

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- 7. Preparations according to claim 1, containing 0.1% 20% by weight, particularly preferred 1-4% by weight of one or more ethyoxylated mono-, di-, and triglycerides of oleic acids having an average degree of ethoxylation of 3-20, preferred 5-10 ethylene oxide units.
- 8. Preparations according to claim 1, characterized in that gaseous, solid, and/or liquid objects are embedded in the gels.
- 9. Preparations according to one of the preceding claims, wherein the formulations contain a maximum of 0.5% of cationic polymers and are preferred entirely free thereof.